**CAPABLE Home Modifications to Promote Aging in Place**

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**CAPABLE**, Community Aging in Place, Advancing Better Living for Elders is a preventative, low-cost, client-centered intervention that promotes aging in place for older adults.

- **6 OT visits**
- **4 RN visits**
- **Handy Worker**

**Current Project**
- University of Pittsburgh partnership with Allegheny County Area Agency on Aging (AAA)
- Delivering CAPABLE to older adults who do not meet financial threshold for Medicaid
- Including care partners in delivery of CAPABLE
- Implementing CAPABLE to reduce adverse events by making the environment safer and providing training

**Current CAPABLE Home Modifications**

All interventions are delivered by an occupational therapist who trains participants on home modification use.

- **23%** Non-skid treads
- **15%** Grab bar
- **13%** Railings
- **12%** Shower head
- **10%** Lighting
- **10%** Reacher
- **7%** Low-cost home repairs

**Most Frequently Requested Items**

- Install/repair interior or exterior railings
- Install grab bars
- Install flexible shower hoses
- Install new doorknobs
- Add new or replace old power strips

**Identify Barriers**

Select Personal Safety Score: (0- Do Not Feel Safe through 10- Feel Very Safe)

Capture your client’s perception of safety. For example, “Mrs. Jones, on a scale of 0-10, how safe do you feel in your _____ room?”

**Identify Room Barriers: (0- Not Accessible, 5- Partial, 10- Full Accessibility)**

Determine areas of most risk by having your clients perform some or all of the activities important to them. If you cannot see the client, have them verbally walk through the activity. Score each activity appropriately.

**Assess: Bedrooms, Bathrooms, Kitchen, Exterior, and Living Areas**

**Key Implications**

- It is not costly or complex to provide home modifications to help older adults age in place.
- The most common home modification provided so far in the current project has been grab bars.

**References available upon request: AM0391@pitt.edu**