

Allegheny County Survey of Older Adults: Age Differences

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NOTES:

Tables present results for valid cases only (i.e., excluding persons who responded “don’t know” or refused to respond to a question). “Don’t know” and “refused” were volunteered responses.

Sample sizes are unweighted. Overall N=1038; 55-64 N=397; 65-74 N=353; 75 and older N=288.

Questions were asked of all respondents unless otherwise indicated.

Weighted percentages are presented to account for the complex survey design and should be used for population projections. (See Technical Survey Methods document for details.)

Percentages may not add to 100 due to rounding.

On questions where multiple responses were allowed, percentages may add to more than 100.

Responses noted as “volunteered” were not read.

* p <.05 ** p<.01 for statistical tests of age differences

WORK AND RETIREMENT STATUS

READ: The first section of the survey is about work and retirement issues. I'll ask you some questions about work and your plans for retirement if you aren't yet retired, or about your retirement experiences if you are retired. Remember, your responses are voluntary and will be kept completely confidential.

WORK1. My first question is: Are you currently working for pay? **

	Overall (N=1037)	55-64 (N=397)	65-74 (N=352)	75+ (N=288)
Yes	35	64	27	7
No	62	31	72	92
Disabled (volunteered)	2	5	1	0
Homemaker (volunteered)	1	0	1	1
Never worked (volunteered)	0	0	0	0

(Asked of persons who are currently working)

WORK2. Over the last month, on average how many hours a week did you work? *(Responses were open-ended and have been categorized for presentation.) ***

	Overall (N=293)	55-64 (N=193)	65-74 (N=77)	75+ (N=23)
Under 20	16	9	29	49
20-34	23	18	33	49
35 or more	61	74	38	2

(Asked of persons who are currently working less than 35 hours per week)

WORK3. Are you looking for more hours?

	Overall (N=119)	55-64 (N=45)	65-74 (N=53)	75+ (N=21)
Yes	24	35	19	5
No	76	65	81	95

(Asked of persons who are currently working less than 35 hours per week)

WORK4. Have you retired or partially retired from a previous job? *

	Overall (N=117)	55-64 (N=44)	65-74 (N=52)	75+ (N=21)
Yes	52	33	64	78
No	48	67	36	22

(Asked of all persons who are currently working)

WORK6. Realistically, at what age do you expect to [fully] retire? *(Responses were open-ended and have been categorized for presentation.) ***

	Overall (N=261)	55-64 (N=179)	65-74 (N=63)	75+ (N=19)
55-59	3	4	0	0
60-64	15	21	0	0
65	18	23	4	6
66-69	21	23	22	0
70 or older	30	17	58	87
Never	13	12	16	7

(Asked of all persons who are currently working)

WORK7. Do you now expect to retire later, at an older age than before?

	Overall (N=288)	55-64 (N=192)	65-74 (N=76)	75+ (N=20)
Yes	53	53	59	29
No	47	47	41	71

(Asked of persons who are currently working less than 35 hours per week. WORK5 followed WORK7.)

WORK5. At this time do you consider yourself partly retired? **

	Overall (N=117)	55-64 (N=45)	65-74 (N=51)	75+ (N=21)
Yes	66	39	89	90
No	34	61	11	10

(Asked of persons who are not currently working)

WORK8. What is your work status? Do any of the following categories apply to you? *(multiple responses accepted)*

	Overall (N=695)	55-64 (N=170)	65-74 (N=263)	75+ (N=262)
Retired **	84	49	91	93
Unemployed and looking for work **	4	13	1	1
Unemployed and not looking for work	5	7	5	4
Temporarily laid off	1	1	1	1
Disabled and unable to work **	12	32	10	6
Homemaker	9	12	7	10
Never worked *	1	1	0	2
Other (specify)	1	1	1	1

(Asked of persons who are retired)

WORK9. At what age did you retire? *(Responses were open-ended and have been categorized for presentation.) ***

	Overall (N=553)	55-64 (N=79)	65-74 (N=234)	75+ (N=240)
<55	14	44	13	8
55-59	18	36	20	13
60-64	41	21	42	44
65	8	0	11	8
66-69	9	0	13	7
70 or older	10	0	1	20

(Asked of persons who are retired)

WORK10. Did you retire earlier than you planned, later than you planned, or about when you planned?

	Overall (N=547)	55-64 (N=79)	65-74 (N=234)	75+ (N=234)
Earlier than you planned	44	64	44	40
Later than you planned	6	1	8	5
About when you planned	50	35	49	55

(Asked of persons who are retired)

WORK11. At this time do you consider yourself partly retired or completely retired? **

	Overall (N=566)	55-64 (N=80)	65-74 (N=240)	75+ (N=246)
Partly retired	5	9	8	3
Completely retired	93	83	92	96
Not retired (volunteered)	0	0	0	0
Disabled (volunteered)	1	8	0	0
Homemaker (volunteered)	0	0	0	0
Never worked (volunteered)	1	0	0	1

(Asked of persons who are not currently working but still in the labor force)

WORK12. Realistically, at what age do you expect to [fully] retire? (Responses were open-ended and have been categorized for presentation.)

	Overall (N=27)	55-64 (N=22)	65-74 (N=3)	75+ (N=2)
55-59	2	2	0	0
60-64	19	26	0	0
65	11	6	74	0
66-69	26	35	15	0
70 or older	38	23	11	100
Never	5	7	0	0

(Asked of persons who are not currently working but still in the labor force)

WORK13. Do you now expect to retire later, at an older age than before?

	Overall (N=32)	55-64 (N=26)	65-74 (N=3)	75+ (N=3)
Yes	67	68	15	81
No	33	32	85	19

(Asked of persons who are disabled or homemakers)

WORK14. Were you ever employed full-time? **

	Overall (N=136)	55-64 (N=92)	65-74 (N=27)	75+ (N=17)
Yes	89	96	96	60
No	11	4	4	40

(Asked of persons who responded Yes to WORK14)

WORK15. How old were you when you quit working full-time? (Responses were open-ended and have been categorized for presentation.) **

	Overall (N=121)	55-64 (N=87)	65-74 (N=24)	75+ (N=10)
<55	83	91	54	91
55-59	13	7	39	0
60-64	3	2	7	0
65	1	0	0	9
66+	0	0	0	0

RETIREMENT CONFIDENCE

Next, I would like to know how confident you are about certain aspects related to retirement.

CONF1. Overall, how confident are you that you will have enough money to live comfortably throughout your retirement years?

	Overall (N=1022)	55-64 (N=390)	65-74 (N=350)	75+ (N=282)
Very	34	26	34	43
Somewhat	43	48	42	36
Not too	13	15	14	12
Not at all	11	12	10	9

CONF2. You will have enough money to take care of your basic expenses during your retirement? **

	Overall (N=1032)	55-64 (N=393)	65-74 (N=353)	75+ (N=286)
Very	43	38	42	51
Somewhat	43	42	49	40
Not too	9	12	8	6
Not at all	5	8	2	4

CONF3. You are doing/did a good job of preparing financially for retirement?

	Overall (N=1020)	55-64 (N=389)	65-74 (N=348)	75+ (N=283)
Very	37	32	39	42
Somewhat	36	39	35	33
Not too	16	17	18	13
Not at all	11	11	9	12

CONF4. You will have enough money to take care of your medical expenses during your retirement? **

	Overall (N=1022)	55-64 (N=389)	65-74 (N=349)	75+ (N=284)
Very	34	26	27	51
Somewhat	45	43	54	38
Not too	15	21	11	10
Not at all	7	10	8	2

CONF5. You will have enough money to pay for long-term care should you need it during your retirement? *

	Overall (N=1005)	55-64 (N=387)	65-74 (N=340)	75+ (N=278)
Very	18	13	16	27
Somewhat	39	39	42	38
Not too	24	28	20	21
Not at all	19	20	22	14

CONF6. If you were to need home health care, help with personal care needs or help with chores around the house because of disability or poor health, how confident are you that you would have enough money or resources to pay for it?
**

	Overall (N=1028)	55-64 (N=393)	65-74 (N=349)	75+ (N=286)
Very	21	13	20	32
Somewhat	41	45	43	35
Not too	24	27	25	19
Not at all	14	16	13	14

CONF7. How do you expect you would pay for home health care or personal care if you do need it because of disability or poor health? (examples if needed: family help, your savings or financial assets, your home equity, private insurance) - open-ended question (data not displayed)

CONF8. How often does your household have difficulty paying for basic necessities like monthly rent or mortgage, food, and utilities?

	Overall (N=1036)	55-64 (N=397)	65-74 (N=352)	75+ (N=287)
Never	68	63	68	76
Rarely	16	18	18	13
Sometimes	10	11	10	8
Often	2	4	2	1
Always	3	4	3	2

CONF9. In the past 3 years, has your household's financial situation: **

	Overall (N=1030)	55-64 (N=394)	65-74 (N=351)	75+ (N=285)
Gotten significantly better	2	3	3	2
Gotten somewhat better	20	25	22	10
Stayed about the same	56	47	54	68
Gotten somewhat worse	19	20	19	16
Gotten significantly worse	4	4	2	4

CONF10. Thinking about your current financial situation, how would you describe your level of debt? Is it a .. **

	Overall (N=1033)	55-64 (N=396)	65-74 (N=351)	75+ (N=286)
Major problem	10	16	6	7
Minor problem	36	39	42	25
Not a problem	54	45	53	68

CONF11. Compared with five years ago, would you say your current level of debt is higher, lower, or about the same? **

	Overall (N=1033)	55-64 (N=397)	65-74 (N=351)	75+ (N=285)
Higher	13	16	11	12
Lower	27	34	29	17
About the same	60	50	60	71

SOURCES OF INCOME

Next I'll ask you about several sources of income. We're interested in whether you (or your spouse/partner if married) expect to receive income from several sources during your retirement. Remember, your responses are voluntary and will be kept completely confidential. [*If married:* Here we are interested in income from you and your spouse/partner] together.]

Do you expect the following will be a major source of income, a minor source of income, or not a source of income at all during your retirement?

INC1. Social Security **

	Overall (N=1022)	55-64 (N=391)	65-74 (N=350)	75+ (N=281)
Major	67	59	75	69
Minor	30	36	24	28
Not a source	3	5	1	3

INC2. An employer retirement savings plan or a defined contribution plan like a 401k **

	Overall (N=1016)	55-64 (N=393)	65-74 (N=344)	75+ (N=279)
Major	37	43	35	31
Minor	24	30	26	16
Not a source	39	28	39	54

INC3. An employer pension plan or a defined benefit plan where you receive a guaranteed fixed amount

	Overall (N=1011)	55-64 (N=386)	65-74 (N=347)	75+ (N=278)
Major	39	34	44	40
Minor	20	23	18	18
Not a source	41	43	38	42

INC4. An individual retirement account or IRA

	Overall (N=1007)	55-64 (N=384)	65-74 (N=347)	75+ (N=276)
Major	22	20	26	22
Minor	31	34	28	31
Not a source	47	46	46	48

INC5. Your other savings and investments

	Overall (N=1008)	55-64 (N=386)	65-74 (N=345)	75+ (N=277)
Major	19	16	21	20
Minor	43	47	40	41
Not a source	39	37	39	40

INC6. Income from Supplemental Security Income (or SSI) or other government assistance payments *

	Overall (N=1013)	55-64 (N=383)	65-74 (N=350)	75+ (N=280)
Major	10	15	7	7
Minor	18	22	16	15
Not a source	72	63	78	77

INC7. Working during retirement **

	Overall (N=1016)	55-64 (N=389)	65-74 (N=344)	75+ (N=283)
Major	12	21	10	2
Minor	29	43	25	15
Not a source	60	36	66	84

INC8. Income transfers or material support from other members of your family

	Overall (N=1014)	55-64 (N=389)	65-74 (N=347)	75+ (N=278)
Major	4	4	5	2
Minor	12	17	10	9
Not a source	84	79	85	89

INC9. Are you currently receiving Social Security retirement income? **

	Overall (N=1026)	55-64 (N=391)	65-74 (N=351)	75+ (N=284)
Yes	65	20	89	97
No	35	80	11	3

(Asked of persons who are currently receiving Social Security retirement income)

INC10. At what age did you first start receiving Social Security retirement income? *(Responses were open-ended and have been categorized for presentation.)* **

	Overall (N=678)	55-64 (N=103)	65-74 (N=312)	75+ (N=263)
<62	17	60	15	8
62	43	31	45	44
63-64	9	9	9	10
65	18	0	16	24
66-69	10	0	14	8
70+	3	0	1	7

(Asked of persons who did not say they are currently receiving Social Security retirement income)

INC11. At what age do you first anticipate to begin receiving Social Security retirement income? *(Responses were open-ended and have been categorized for presentation.)* **

	Overall (N=290)	55-64 (N=255)	65-74 (N=28)	75+ (N=7)
<62	2	2	0	0
62	16	18	1	9
63-64	4	4	0	0
65	29	32	10	5
66-69	32	32	37	0
70+	9	7	33	0
Not eligible	8	5	20	86

(Asked of married/partnered persons)

INC12. Is your spouse/partner currently receiving Social Security retirement income? **

	Overall (N=350)	55-64 (N=177)	65-74 (N=123)	75+ (N=50)
Yes	53	22	69	98
No	47	78	31	3

(Asked of persons whose spouse/partner is currently receiving Social Security retirement income)

INC13. At what age did your spouse/partner first start receiving Social Security retirement income? *(Responses were open-ended and have been categorized for presentation.)* *

	Overall (N=174)	55-64 (N=40)	65-74 (N=88)	75+ (N=46)
<62	7	13	9	11
62	40	32	47	34
63-64	12	28	10	6
65	30	17	28	41
66-69	9	6	13	5
70+	2	3	1	3

(Asked of persons who did not say their spouse/partner is currently receiving Social Security retirement income)

INC14. At what age does your spouse/partner first anticipate to begin receiving Social Security retirement income? *(Responses were open-ended and have been categorized for presentation.)*

	Overall (N=150)	55-64 (N=119)	65-74 (N=29)	75+ (N=2)
<62	1	1	1	0
62	21	24	12	0
63-64	3	4	0	0
65	33	34	28	0
66-69	28	24	44	0
70+	7	7	6	0
Not eligible	7	5	9	100

ADDITIONAL FINANCIAL QUESTIONS

Just a few more questions on financial issues.

INC15. In the past 12 months, did you [or your (spouse/partner)] RECEIVE financial help or gifts of \$500 or more FROM any of your children or grandchildren?

	Overall (N=1031)	55-64 (N=397)	65-74 (N=350)	75+ (N=284)
Yes	2	2	2	3
No	98	98	98	97

INC16. In the past 12 months, did you [or your (spouse/partner)] GIVE financial help or gifts of \$500 or more TO any of your children or grandchildren?

	Overall (N=1031)	55-64 (N=396)	65-74 (N=350)	75+ (N=285)
Yes	42	45	41	40
No	58	55	59	60

INC17. In the past 12 months, have you paid for a product or service that was never received?

	Overall (N=1034)	55-64 (N=396)	65-74 (N=350)	75+ (N=288)
Yes	4	6	2	3
No	96	94	98	97

INC18. In the past 12 months, have you been billed for a product or service that you had not agreed to purchase?

	Overall (N=1034)	55-64 (N=397)	65-74 (N=350)	75+ (N=287)
Yes	8	8	10	5
No	92	92	90	95

INC19. In the past 12 months, have you been the victim of any other types of financial frauds or scams?

	Overall (N=1031)	55-64 (N=397)	65-74 (N=349)	75+ (N=285)
Yes	11	11	11	11
No	89	89	90	89

INC20. Is there anyone who has taken your money or belongings without your OK or prevented you from getting them even when you asked?

	Overall (N=1033)	55-64 (N=397)	65-74 (N=350)	75+ (N=286)
Yes	6	7	5	5
No	94	93	95	95

LIVING ARRANGEMENTS AND MOBILITY/MIGRATION

LIV1. Shifting topics, what are your current living arrangements? Do you ... **

	Overall (N=1027)	55-64 (N=392)	65-74 (N=351)	75+ (N=284)
Live alone	30	21	23	49
Live in a household with family or others	70	79	77	51

(Asked of persons who did not say that they live alone)

LIV2. Including you, how many adults, age 18 and older, currently live in your household? *(Responses were open-ended and have been categorized for presentation.)* **

	Overall (N=503)	55-64 (N=250)	65-74 (N=172)	75+ (N=81)
1	1	2	0	1
2	73	61	85	77
3+	26	38	14	22

(Asked of persons who did not say that they live alone)

LIV3. How many children under age 18 currently live in your household? *(Responses were open-ended and have been categorized for presentation.)*

	Overall (N=508)	55-64 (N=254)	65-74 (N=173)	75+ (N=81)
0	87	81	92	91
1	8	11	6	8
2	2	3	2	1
3+	2	5	1	0

(Asked of persons who indicated that they live with others)

LIV4. What is the relationship of each of these people to you? *(multiple responses accepted)*

	Overall (N=501)	55-64 (N=249)	65-74 (N=172)	75+ (N=80)
Your spouse/partner	74	77	77	64
Your child(ren) **	37	48	25	35
Your grandchild(ren) *	11	7	11	19
Your parent(s) *	2	4	1	0
Other relatives of yours	5	5	5	4
Non-relatives	4	6	2	2

(Asked of persons who indicated that grandchildren live in the household)

LIV5. Do you have primary responsibility for your grandchild(ren)?

	Overall (N=55)	55-64 (N=18)	65-74 (N=23)	75+ (N=14)
Yes	29	44	21	26
No	71	56	79	74

LIV6. How many years have you lived at your current residence? **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Less than 1 year	3	6	1	1
1 to 5 years	10	10	8	11
5 to 10 years	10	14	9	5
10 to 20 years	20	24	21	14
More than 20 years	58	46	62	69

LIV7. Do you or your family own the place where you currently live, do you rent, or something else?

	Overall (N=1035)	55-64 (N=396)	65-74 (N=352)	75+ (N=287)
Own	83	81	86	82
Rent	16	18	13	17
Lives with relatives who own home	0	0	1	0
Lives with relatives who rent	0	0	0	0
Other (specify)	1	1	0	0

LIV8. Which of the following categories best describes the home where you live?

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
A single family house	81	82	83	79
A duplex	5	7	4	2
An apartment building or condominium with multiple units	14	11	12	18
A mobile home	1	0	1	1
Some other dwelling	0	0	0	1

(Asked of persons living in an apartment building or condominium with multiple units)

LIV8A. How many units are in the building where you live?

	Overall (N=204)	55-64 (N=67)	65-74 (N=68)	75+ (N=69)
Less than 10	32	44	24	27
10 to 19	11	19	8	7
20 to 49	18	15	20	18
50 or more	39	23	47	48

LIV9. How would you rate the overall physical or structural condition of the dwelling in which you live? Would you say the condition is:

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Excellent	21	18	21	23
Very good	43	40	42	47
Good	27	29	29	23
Fair	7	9	6	6
Poor	2	4	2	0

LIV9A. Is your residence designed or modified to make it easier for older adults or those who may have disabilities to live there? This might include things like no stairs to climb, easier accessibility from the street, and being easy to maintain. **

	Overall (N=1028)	55-64 (N=393)	65-74 (N=351)	75+ (N=284)
Yes	31	23	32	41
No	69	77	68	59

LIV9B. Do you plan to make any future modifications or improvements in your residence to make it easier for older adults or those who have disabilities to live there, like some of the things I just mentioned?

	Overall (N=1008)	55-64 (N=384)	65-74 (N=341)	75+ (N=283)
Yes	15	19	12	14
No	85	81	88	86

LIV10. Taking everything into consideration, how satisfied or dissatisfied are you with your housing situation?
Are you: **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Very satisfied	62	54	63	71
Somewhat satisfied	30	34	30	26
Somewhat dissatisfied	7	10	6	3
Very dissatisfied	1	2	2	0

(Asked of persons who have lived in their current residence for less than 10 years)

LIV11. Have you lived in Allegheny County for all of the last 10 years? (INTERVIEWER, being away from Allegheny County for short periods (up to 6 months) still counts as residing in Allegheny County.)

	Overall (N=288)	55-64 (N=131)	65-74 (N=91)	75+ (N=66)
Yes	80	79	80	82
No	20	21	20	18

(Asked of persons who have not lived in Allegheny County for all of the last 10 years)

LIV12. Did you live in the Southwestern Pennsylvania region for all of the last 10 years?

	Overall (N=63)	55-64 (N=32)	65-74 (N=20)	75+ (N=11)
Yes	30	29	38	25
No	70	71	62	75

(Asked of persons who have not lived in Southwestern Pennsylvania for all of the last 10 years)

LIV13. Where did you live just before you moved to the Southwestern Pennsylvania region? (name of state if in US; country if not in US) -- open-ended question (data not displayed)

(Asked of persons who have not lived in Southwestern Pennsylvania for all of the last 10 years)

LIV14. What was the primary reason you moved into the Southwestern Pennsylvania region? Was it:

	Overall (N=41)	55-64 (N=20)	65-74 (N=13)	75+ (N=8)
An employment-related reason	31	47	24	0
A health-related reason	9	0	9	31
A family-related reason	47	49	44	46
Some other reason (specify)	12	3	23	24

(Asked of persons who have not lived in Southwestern Pennsylvania for all of the last 10 years)

LIV14A. Was your retirement or the retirement of someone in your family part of the reason that you moved? **

	Overall (N=41)	55-64 (N=20)	65-74 (N=13)	75+ (N=8)
Yes	14	1	45	14
No	87	99	55	86

(Asked of persons who have lived in the region but not in Allegheny County for all of the last 10 years)

LIV15. So you lived in the region for all of the past 10 years, but not in Allegheny County. What was the primary reason you moved to Allegheny County? Was it:

	Overall (N=22)	55-64 (N=12)	65-74 (N=7)	75+ (N=3)
An employment-related reason	9	17	0	0
A health-related reason	20	4	58	0
A family-related reason	31	16	22	86
Accessibility to services or amenities	11	19	5	0
Some other reason (specify)	29	43	15	14

(Asked of persons who have lived in the region but not in Allegheny County for all of the last 10 years)

LIV15A. Was your retirement or the retirement of someone in your family part of the reason that you moved?

	Overall (N=22)	55-64 (N=12)	65-74 (N=7)	75+ (N=3)
Yes	10	17	5	0
No	90	84	95	100

(Asked of persons who have lived in their current residence for less than 10 years)

LIV16. Now thinking about the specific neighborhood or community you currently live in, what factors were important to you in choosing that neighborhood or community? (multiple responses accepted)

	Overall (N=285)	55-64 (N=131)	65-74 (N=90)	75+ (N=64)
Housing costs	49	52	53	38
Crime and safety	60	56	74	55
Proximity to family *	53	44	54	72
Accessibility to health care	46	37	58	53
Accessibility to other public services	56	60	53	51
Proximity to local retail or other commercial establishments	52	57	43	48
Accessibility of public transit	45	48	37	47
Other (specify)	46	49	38	49

LIV17. In the last year, did you live outside of the Southwestern Pennsylvania region for more than 3 months?

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Yes	2	2	1	3
No	98	98	99	97

(Asked of persons who lived outside of Southwestern Pa. for more than 3 months during the last year)

LIV18. And where was that? (name of state if in US; country if not in US) -- open-ended question (data not displayed)

LIV19. Do you or your family intend to move from your home in the next five years? **

	Overall (N=958)	55-64 (N=375)	65-74 (N=319)	75+ (N=264)
Yes	16	23	15	9
No	84	78	85	91

(Asked of persons planning to move in the next five years)

LIV20. How likely are you to move from your current residence within the NEXT YEAR? Would you say:

	Overall (N=181)	55-64 (N=89)	65-74 (N=63)	75+ (N=29)
Very likely	22	17	24	40
Somewhat likely	17	13	22	22
Somewhat unlikely	21	29	10	15
Very unlikely	39	42	44	23

(Asked of persons planning to move in the next five years)

LIV21. Do you intend to move out of Allegheny County in the next five years?

	Overall (N=171)	55-64 (N=83)	65-74 (N=62)	75+ (N=26)
Yes	41	43	41	36
No	59	57	59	64

(Asked of persons planning to move out of Allegheny County in the next five years)

LIV22. Do you intend to move out of the Southwestern Pennsylvania region in the next five years?

	Overall (N=59)	55-64 (N=27)	65-74 (N=22)	75+ (N=10)
Yes	73	74	72	72
No	27	26	28	28

(Asked of persons planning to move out of Southwestern Pennsylvania in the next five years)

LIV23. What is the primary reason you are planning to move out of the Southwestern Pennsylvania region? Is it: *

	Overall (N=47)	55-64 (N=23)	65-74 (N=16)	75+ (N=8)
An employment-related reason	3	6	0	0
A health-related reason	6	0	16	4
A family-related reason	23	7	36	59
Some other reason (specify)	69	87	47	37

(Asked of persons planning to move within the Southwestern Pennsylvania region within the next five years)

LIV24. What factors will be important to you when you choose the specific neighborhood or community you move to next? *(multiple responses accepted)*

	Overall (N=135)	55-64 (N=66)	65-74 (N=48)	75+ (N=21)
Housing costs	62	62	70	49
Crime and safety	55	48	63	64
Proximity to family	54	41	67	70
Accessibility to health care	45	39	44	65
Accessibility to other public services	38	37	38	44
Proximity to local retail or other commercial establishments	40	42	35	43
Accessibility of public transit	28	31	27	20
Other (specify)	38	37	43	30

There is no LIV25 question.

(Asked of persons planning to move in the next five years)

LIV26. Will your retirement or the retirement of someone in your family be part of the reason that you will move? *

	Overall (N=180)	55-64 (N=87)	65-74 (N=64)	75+ (N=29)
Yes	24	32	24	2
No	76	68	76	98

(Asked of persons planning to move in the next five years)

LIV26A. In your next choice of residence, how important do you think having a house that is designed or modified to accommodate older adults or those who have disabilities will be to you? *

	Overall (N=182)	55-64 (N=89)	65-74 (N=64)	75+ (N=29)
Very important	47	46	48	49
Somewhat important	34	41	25	30
Slightly important	11	5	25	4
Not very important	8	9	2	17

LIV27. How would you rate the Southwestern Pennsylvania region as a place to retire? *

	Overall (N=1020)	55-64 (N=392)	65-74 (N=346)	75+ (N=282)
Excellent	21	17	23	25
Very good	33	29	33	39
Good	31	33	33	27
Fair	11	14	9	8
Poor	4	7	2	2

NEIGHBORHOOD

Now a few questions about the neighborhood you live in.

NEIGH1. How would you describe the condition of the other houses or buildings in your neighborhood? Would you say that, in general, the physical condition of surrounding houses and buildings is:

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Excellent	19	19	18	21
Very good	42	41	39	45
Good	27	23	32	26
Fair	10	14	9	6
Poor	3	4	2	2

NEIGH2. Next, think about the kinds of things you would like to have near where you live – places you go fairly often, like the supermarket, other shopping areas, restaurants, doctor’s office, and your job, if you are employed. How conveniently located would you say your current residence is? Is it:

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Very convenient	68	71	69	62
Somewhat convenient	26	24	26	27
Somewhat inconvenient	5	4	4	6
Very inconvenient	2	1	1	4

NEIGH3. Now, thinking about the neighborhood and community in which you live, in general how good is it as a place for older people to live? **

	Overall (N=1032)	55-64 (N=396)	65-74 (N=349)	75+ (N=287)
Excellent	19	14	22	22
Very good	38	40	35	40
Good	27	23	32	27
Fair	11	14	9	10
Poor	5	9	2	1

NEIGH4. How safe do you feel in your neighborhood?

	Overall (N=1033)	55-64 (N=395)	65-74 (N=353)	75+ (N=285)
Very safe	66	64	66	68
Somewhat safe	29	29	30	27
Somewhat unsafe	5	6	4	5
Very unsafe	1	1	1	1

NEIGH5. How accessible is a grocery store that sells fresh produce and healthy food?

	Overall (N=1035)	55-64 (N=397)	65-74 (N=352)	75+ (N=286)
Very accessible	72	77	71	67
Somewhat accessible	22	19	24	25
Somewhat inaccessible	4	3	3	5
Very inaccessible	2	1	2	4

NEIGH6. How about green spaces or public parks where you can spend time relaxing or exercising? *

	Overall (N=1026)	55-64 (N=395)	65-74 (N=351)	75+ (N=280)
Very accessible	56	66	54	48
Somewhat accessible	29	25	29	34
Somewhat inaccessible	7	4	11	8
Very inaccessible	7	6	6	10

NEIGH7. How good is your neighborhood as a place to walk and to be physically active? (*examples if necessary: gardening, bicycling, jogging, or exercising*) *

	Overall (N=1033)	55-64 (N=396)	65-74 (N=352)	75+ (N=285)
Excellent	30	37	26	26
Very good	31	25	37	34
Good	21	19	25	18
Fair	11	12	10	12
Poor	7	8	3	10

Now I'd like to ask a few questions about your interactions with your neighbors.

NEIGH8. About how many of your neighbors would you say you know? Would you say you know:

	Overall (N=1036)	55-64 (N=397)	65-74 (N=353)	75+ (N=286)
Most of them	40	36	41	42
Many of them	22	22	24	21
A few of them	34	34	30	36
None or almost none of them	5	8	5	1

NEIGH9. About how often do you talk to or visit with your immediate neighbors? Would you say:

	Overall (N=1028)	55-64 (N=396)	65-74 (N=349)	75+ (N=283)
Just about every day	28	23	28	35
Several times a month	43	46	46	34
Once a month	12	14	12	9
Several times a year	10	9	9	13
Never	8	9	6	8

Please tell me whether you strongly agree, agree, disagree, or strongly disagree with the following statements:

NEIGH10. The people in my neighborhood are willing to help their neighbors. Do you:

	Overall (N=1002)	55-64 (N=387)	65-74 (N=339)	75+ (N=276)
Strongly agree	46	44	48	47
Agree	46	44	46	47
Disagree	6	8	6	4
Strongly disagree	2	4	1	1

NEIGH11. The people in my neighborhood can be trusted. Do you: **

	Overall (N=991)	55-64 (N=386)	65-74 (N=339)	75+ (N=266)
Strongly agree	45	47	45	42
Agree	45	38	48	52
Disagree	8	10	6	6
Strongly disagree	2	5	0	1

NEIGH12. The people in my neighborhood generally don't get along with each other. Do you:

	Overall (N=971)	55-64 (N=380)	65-74 (N=334)	75+ (N=257)
Strongly agree	2	3	2	2
Agree	9	8	8	12
Disagree	54	56	53	52
Strongly disagree	35	33	37	35

NEIGH13. The people in my neighborhood do not share the same values. Do you:

	Overall (N=875)	55-64 (N=350)	65-74 (N=300)	75+ (N=225)
Strongly agree	7	6	6	10
Agree	25	21	26	32
Disagree	46	49	46	44
Strongly disagree	21	25	22	14

NEIGH14. My neighborhood is a close-knit neighborhood. Do you: *

	Overall (N=981)	55-64 (N=383)	65-74 (N=336)	75+ (N=262)
Strongly agree	16	17	14	17
Agree	49	51	41	55
Disagree	29	25	41	23
Strongly disagree	5	7	4	5

TRANSPORTATION

Now I will ask a few questions about transportation issues.

TRANS1. Do you currently have a valid driver's license? **

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Yes	88	87	94	83
No	12	13	6	17

(Asked of persons with a driver's license)

TRANS1A. How often do you drive? **

	Overall (N=865)	55-64 (N=326)	65-74 (N=306)	75+ (N=233)
Never	6	2	6	12
Less than once a month	2	1	5	1
At least once a month	3	1	3	4
At least once a week	18	9	18	30
5 days a week or more	72	87	69	53

TRANS2. What are the main forms of transportation that you generally use, say to run errands, visit people, get to appointments, go to the doctor, etc.? *(responses not read; multiple responses accepted)*

	Overall (N=1037)	55-64 (N=396)	65-74 (N=353)	75+ (N=288)
Drives him/herself **	80	85	85	70
Uses public transportation	20	23	20	16
Gets a ride from relatives **	17	10	19	26
Gets a ride from friends or neighbors *	6	6	4	10
Uses Access **	7	1	6	14
Uses a taxi or jitney service	2	3	1	2
Walks	6	8	5	5
Other (specify) **	4	2	2	8

TRANS3. How often do you use public transit?

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Never	62	58	63	66
Less than once a month	17	19	18	15
At least once a month	7	8	7	7
At least once a week	4	3	4	6
5 days a week or more	4	8	3	1
Public transit is not available	5	4	6	5

(Asked of persons who use public transit)

TRANS4. How satisfied are you with the public transit available to you?

	Overall (N=431)	55-64 (N=175)	65-74 (N=144)	75+ (N=112)
Very satisfied	39	36	29	54
Somewhat satisfied	42	42	49	33
Somewhat dissatisfied	14	18	14	7
Very dissatisfied	6	5	8	6

(Asked of persons who are somewhat or very dissatisfied with public transit)

TRANS5. Why are you dissatisfied with the public transit available to you? -- open-ended question (data not displayed)

(Asked of persons who do not use public transit)

TRANS6. How convenient is public transit in the region for you to use? Would you say:

	Overall (N=571)	55-64 (N=214)	65-74 (N=196)	75+ (N=161)
Very convenient	28	31	19	33
Somewhat convenient	24	24	27	21
Somewhat inconvenient	21	21	27	15
Very inconvenient	28	25	27	32

(Asked of public transit non-users who said that public transit is very inconvenient, somewhat inconvenient, or somewhat convenient in the region)

TRANS7. Would you use public transit more if it was more convenient for you?

	Overall (N=372)	55-64 (N=135)	65-74 (N=137)	75+ (N=100)
Yes	38	45	30	40
No	62	55	70	60

HEALTH

Now I would like to switch topics a little bit and talk briefly about your own health, and any problems you may have been having recently. Remember, your responses are voluntary and will be kept completely confidential.

HEALTH1. Overall, how would you rate your health during the past 4 weeks?

	Overall (N=1036)	55-64 (N=397)	65-74 (N=352)	75+ (N=287)
Excellent	20	24	17	17
Very good	33	33	29	37
Good	24	20	31	21
Fair	16	15	17	15
Poor	7	6	5	8
Very poor	1	1	0	1

HEALTH2. During the past 4 weeks, how much did physical health problems limit your usual physical activities (such as walking or climbing stairs)?

	Overall (N=1032)	55-64 (N=396)	65-74 (N=352)	75+ (N=284)
Not at all	51	56	47	48
Very little	17	16	15	20
Somewhat	19	19	23	16
Quite a lot	13	8	15	16
Could not do physical activities	1	0	0	1

HEALTH3. During the past 4 weeks, how much difficulty did you have doing your daily work both at home and away from home, because of your physical health?

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Not at all	57	61	54	54
A little bit	18	15	18	22
Some	15	14	18	13
Quite a lot	10	10	10	10
Could not do daily work	1	0	0	2

HEALTH4. How much bodily pain have you had during the past 4 weeks?

	Overall (N=1034)	55-64 (N=396)	65-74 (N=353)	75+ (N=285)
None	23	23	16	31
Very mild	24	27	27	18
Mild	20	19	21	21
Moderate	22	20	26	21
Severe	8	10	7	7
Very severe	2	3	3	1

HEALTH5. During the past 4 weeks, how much energy did you have? *

	Overall (N=1036)	55-64 (N=397)	65-74 (N=353)	75+ (N=286)
Very much	15	22	8	12
Quite a lot	30	26	35	30
Some	39	38	40	39
A little	15	13	16	16
None	2	2	0	3

HEALTH6. During the past 4 weeks, how much did your physical health or emotional problems limit your usual social activities with family or friends?

	Overall (N=1034)	55-64 (N=394)	65-74 (N=353)	75+ (N=287)
Not at all	57	59	52	59
Very little	17	18	21	14
Somewhat	18	16	19	19
Quite a lot	8	7	8	8
Could not do social activities	0	0	0	0

HEALTH7. During the past 4 weeks, how much have you been bothered by emotional problems (such as feeling anxious, depressed or irritable)?

	Overall (N=1034)	55-64 (N=396)	65-74 (N=350)	75+ (N=288)
Not at all	51	44	56	54
Slightly	27	31	23	26
Moderately	13	13	15	12
Quite a lot	7	10	3	7
Extremely	2	3	3	0

HEALTH8. During the past 4 weeks, how much did personal or emotional problems keep you from doing your usual work, school or other daily activities?

	Overall (N=1037)	55-64 (N=397)	65-74 (N=352)	75+ (N=288)
Not at all	67	67	64	70
Very little	17	18	19	14
Somewhat	11	10	13	11
Quite a lot	5	5	4	6
Could not do daily activities	0	0	0	0

HEALTH9. Compared to one year ago, how would you rate your health in general now? Would you say it is..

	Overall (N=1034)	55-64 (N=397)	65-74 (N=350)	75+ (N=287)
Much better now	6	8	5	4
Somewhat better now	11	13	11	8
About the same	65	64	67	63
Somewhat worse now	17	14	14	23
Much worse now	2	2	4	2

Next I'll ask you about some chronic health conditions

HEALTH10. Have you ever been told by a doctor that you have high blood pressure? *

	Overall (N=1030)	55-64 (N=394)	65-74 (N=352)	75+ (N=284)
Yes	61	53	62	70
No	39	47	38	30

HEALTH11. Have you ever been told by a doctor that you have diabetes?

	Overall (N=1034)	55-64 (N=394)	65-74 (N=353)	75+ (N=287)
Yes	21	20	22	19
No	80	80	78	81

HEALTH12. Have you ever been told by a doctor that you have coronary heart disease or coronary artery disease?

	Overall (N=1029)	55-64 (N=394)	65-74 (N=353)	75+ (N=282)
Yes	20	16	22	24
No	80	84	78	76

HEALTH13. Have you ever had a heart attack?

	Overall (N=1035)	55-64 (N=395)	65-74 (N=352)	75+ (N=288)
Yes	11	9	11	14
No	89	91	90	86

HEALTH14. Have you ever been told by a doctor that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? *

	Overall (N=1037)	55-64 (N=396)	65-74 (N=353)	75+ (N=288)
Yes	58	50	60	66
No	42	50	40	34

HEALTH15. Have you ever been told by a doctor that you had asthma, emphysema, chronic bronchitis, COPD, or any other serious respiratory problem?

	Overall (N=1032)	55-64 (N=394)	65-74 (N=351)	75+ (N=287)
Yes	21	22	19	21
No	79	78	82	79

HEALTH16. Have you ever been told by a doctor that you had cancer? **

	Overall (N=1035)	55-64 (N=396)	65-74 (N=352)	75+ (N=287)
Yes	22	13	24	30
No	78	87	76	70

HEALTH17. Do you have any other major health problems that I have not asked you about?

	Overall (N=1034)	55-64 (N=396)	65-74 (N=351)	75+ (N=287)
Yes	39	39	39	38
No	61	61	61	62

(Asked of persons with other major health problems)

HEALTH18. What? -- *open-ended question (data not displayed)*

HEALTH19. During the past month, how would you describe your stress level? Would you say you have had...

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
No stress	23	19	21	30
Mild stress	42	39	42	44
Moderate stress	28	32	32	20
Severe stress	7	10	5	6

FUNCTIONAL STATUS & DISABILITY

FS1. Do you need the help of other persons with your personal care needs, such as eating, bathing, dressing, toileting, or moving from one place to another, due to a health problem you have or problems with your memory?

	Overall (N=1037)	55-64 (N=397)	65-74 (N=352)	75+ (N=288)
Yes	3	3	3	2
No	97	97	97	98

(Asked of persons who need help with their personal care needs)

FS2. Who usually helps you with your personal care needs? (*responses not read; multiple responses accepted*)

	Overall (N=34)	55-64 (N=12)	65-74 (N=14)	75+ (N=8)
Spouse	60	72	66	32
Son or daughter / son- or daughter-in-law	37	37	33	44
Other relative	14	24	11	3
Friend	3	6	2	0
Paid caregiver	12	10	9	21

(Asked of persons who need help with their personal care needs)

FS3. Is the assistance you receive to meet your personal care needs from all sources usually adequate, sometimes adequate, or rarely adequate?

	Overall (N=36)	55-64 (N=14)	65-74 (N=14)	75+ (N=8)
Usually adequate	62	38	74	85
Sometimes adequate	36	56	26	16
Rarely adequate	2	6	0	0

FS4. Do you need the help of other persons with your routine needs, such as everyday household chores, managing money, taking medications, shopping, or transportation outside the house, due to a health problem you have or problems with your memory? **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Yes	12	10	7	18
No	89	90	93	82

(Asked of persons who need help with their routine care needs)

FS5. Who usually helps you with your routine needs? (*responses not read; multiple responses accepted*)

	Overall (N=136)	55-64 (N=46)	65-74 (N=37)	75+ (N=53)
Spouse **	33	63	39	12
Son or daughter / son- or daughter-in-law **	42	17	46	57
Other relative	21	20	27	19
Friend	10	8	13	9
Paid caregiver *	16	9	5	26

(Asked of persons who need help with their routine care needs)

FS6. Is the assistance you receive to meet your routine needs from all sources usually adequate, sometimes adequate, or rarely adequate?

	Overall (N=137)	55-64 (N=45)	65-74 (N=38)	75+ (N=54)
Usually adequate	75	69	59	85
Sometimes adequate	22	26	34	15
Rarely adequate	3	5	7	0

(Asked of persons who do not need help with either their personal care or routine care needs)

FS7. How likely do you think it is that you will need help with either personal care needs or routine needs at some point in the future? *

	Overall (N=833)	55-64 (N=336)	65-74 (N=289)	75+ (N=208)
Very likely	12	11	12	15
Somewhat likely	35	33	37	36
Not very likely	33	28	38	36
Not at all likely	19	28	14	13

FS8. How concerned are you about the possibility of becoming a burden to your family or friends in the future because of ill health or disability?

	Overall (N=1033)	55-64 (N=396)	65-74 (N=351)	75+ (N=286)
Extremely concerned	11	12	12	10
Somewhat concerned	37	35	44	35
Not very concerned	32	31	32	34
Not at all concerned	19	23	13	21

Next, I'll ask you a couple of questions about advance directives which some people have to make their choices known in advance of incapacitating illness or death.

FS9. Do you have a Health Care Power of Attorney in which you name someone to make decisions about your health care in the event you become incapacitated? **

	Overall (N=1030)	55-64 (N=395)	65-74 (N=352)	75+ (N=283)
Yes	54	35	60	73
No	46	65	40	28

FS10. Do you have a living will in which you state the kind of health care you want or don't want under certain circumstances? **

	Overall (N=1029)	55-64 (N=396)	65-74 (N=351)	75+ (N=282)
Yes	52	34	58	66
No	49	66	42	34

FS11. Do you have a will that controls how your assets are to be distributed? **

	Overall (N=1030)	55-64 (N=394)	65-74 (N=351)	75+ (N=285)
Yes	63	45	68	79
No	37	55	32	21

HEALTH BEHAVIORS & CARE ACCESS

Now a few questions about health care coverage and some other health issues.

BEH1. Do you have any kind of health care coverage, including health insurance or government plans such as Medicare?
**

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Yes	94	87	98	99
No	6	13	2	2

BEH2. Do you have Long Term Care Insurance? *

	Overall (N=977)	55-64 (N=375)	65-74 (N=335)	75+ (N=267)
Yes	25	23	21	33
No	75	77	79	67

BEH3. Do you have a physician who coordinates the medical care you receive?

	Overall (N=1028)	55-64 (N=395)	65-74 (N=350)	75+ (N=283)
Yes	89	85	90	94
No	11	15	10	7

(Asked of persons who have a physician who coordinates their medical care)

BEH4. What type of physician is that? *(responses not read)*

	Overall (N=931)	55-64 (N=340)	65-74 (N=328)	75+ (N=263)
Primary care physician / PCP / family doctor / generalist	90	87	94	90
Other (specify)	10	13	6	10

(Asked of persons who did not indicate that they have a PCP)

BEH5. Do you have a primary care physician?

	Overall (N=195)	55-64 (N=98)	65-74 (N=51)	75+ (N=46)
Yes	79	79	71	87
No	21	21	29	13

(Asked of persons who did not indicate that they have a PCP)

BEH6. Is there a place that you USUALLY go to when you are sick or need advice about your health?

	Overall (N=44)	55-64 (N=25)	65-74 (N=12)	75+ (N=7)
Yes	68	66	80	53
No	32	34	20	48

(Asked of persons without a PCP who have a place they usually go to)

BEH7. What kind of place is it - a clinic, doctor's office, emergency room, or some other place?

	Overall (N=26)	55-64 (N=16)	65-74 (N=7)	75+ (N=3)
Clinic or health center	40	39	28	78
Doctor's office or HMO	10	20	0	0
Hospital emergency room	21	30	11	17
(if volunteered) Hospital outpatient department	1	1	0	0
Some other place (specify)	28	9	61	0
Does not go to one place most often	1	0	0	5

BEH8. About how long has it been since you last visited a medical doctor? *

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Within past year	93	88	96	95
Within past 2 years	5	9	2	2
Within past 5 years	1	1	1	0
5 or more years ago	2	2	1	2

BEH9. Were you hospitalized in the last year?

	Overall (N=1035)	55-64 (N=397)	65-74 (N=352)	75+ (N=286)
Yes	22	18	21	29
No	78	82	79	71

(Asked of persons who were hospitalized in the last year)

BEH10. How many times were you hospitalized in the last year? *(Responses were open-ended and have been categorized for presentation.)*

	Overall (N=219)	55-64 (N=72)	65-74 (N=74)	75+ (N=73)
1 time	66	70	68	61
2 times	25	24	24	27
3 or more times	9	7	8	12

(Asked of persons who were hospitalized in the last year)

BEH11. What was the reason you were hospitalized the most recent time you were admitted? Was it for:

	Overall (N=216)	55-64 (N=70)	65-74 (N=74)	75+ (N=72)
Heart attack or heart disease	22	28	18	21
Diabetes	2	1	5	0
Congestive heart failure (CHF)				
COPD (Chronic obstructive pulmonary disease)	7	10	0	10
Other reason (specify)	69	61	76	70

BEH12. Was there a time during the last 12 months when you needed to see a doctor but could not because of the cost?

	Overall (N=1037)	55-64 (N=396)	65-74 (N=353)	75+ (N=288)
Yes	4	5	4	2
No	97	95	97	98

BEH13. Now, thinking about the quality, cost, and convenience of your health care, altogether would you say that you are very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied with your health care? **

	Overall (N=1030)	55-64 (N=391)	65-74 (N=351)	75+ (N=288)
Very satisfied	53	42	52	68
Somewhat satisfied	32	35	38	21
Somewhat dissatisfied	11	17	7	8
Very dissatisfied	4	5	3	3

Now a couple questions about health-related behaviors.

BEH14. Do you NOW smoke cigarettes every day, some days, or not at all? *

	Overall (N=1036)	55-64 (N=395)	65-74 (N=353)	75+ (N=288)
Every day	11	16	10	5
Some days	5	8	4	4
Not at all	84	77	86	91

BEH15. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor? *

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Yes	49	55	49	40
No	52	45	51	60

(Asked of persons who consumed alcohol in the past 30 days)

BEH16. During the past 30 days, how many days did you have at least one drink of any alcoholic beverage? *(Responses were open-ended and have been categorized for presentation.)* *

	Overall (N=477)	55-64 (N=204)	65-74 (N=161)	75+ (N=112)
1-2	30	32	33	24
3-5	26	28	23	27
6-10	14	18	9	13
11-19	6	6	8	3
20-29	10	9	15	6
30	14	7	12	27

(Asked of persons who consumed alcohol in the past 30 days)

BEH17. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? *(Responses were open-ended and have been categorized for presentation.) ***

	Overall (N=481)	55-64 (N=204)	65-74 (N=163)	75+ (N=114)
1	55	46	55	72
2	28	29	33	21
3-4	14	20	11	7
5+	3	6	1	0

BEH18. During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Yes	61	67	58	58
No	39	33	42	42

BEH19. How tall are you without shoes? *(see BMI table below)*

BEH20. How much do you weigh without shoes? If necessary: One way to learn a lot about a person's general health status is to know their height and weight. We know this is somewhat personal, but we'd really appreciate your honesty, and we want to reassure you that this is an anonymous survey and that all data will be kept strictly confidential. *(see BMI table below)*

Calculated BMI *

	Overall (N=1002)	55-64 (N=380)	65-74 (N=341)	75+ (N=281)
< 25	25	25	17	33
25 – 29.9	43	41	45	42
30 +	32	34	38	25

BEH21. During the past 12 months, have you had a seasonal flu shot? **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Yes	68	57	74	76
No	32	43	26	24

BEH22. Have you ever had a pneumonia vaccination? (It's also known as a "pneumococcal" vaccination.) **

	Overall (N=1019)	55-64 (N=389)	65-74 (N=347)	75+ (N=283)
Yes	63	40	74	82
No	37	60	26	18

BEH23. Have you ever had the Shingles vaccine also known as the zoster vaccine? **

	Overall (N=1013)	55-64 (N=387)	65-74 (N=346)	75+ (N=280)
Yes	30	15	41	36
No	71	85	59	64

COGNITION

The next few questions are about memory and thinking.

COG1. First, how would you rate your memory at the present time? Would you say it is: *

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
Excellent	18	21	17	16
Very good	39	44	39	34
Good	31	21	36	40
Fair	10	12	8	9
Poor	2	2	1	1

COG2. Compared with 1 year ago, would you say your memory is:

	Overall (N=1037)	55-64 (N=397)	65-74 (N=352)	75+ (N=288)
Better now	5	8	3	4
About the same	86	81	89	89
Worse now than it was then	9	12	8	8

COG3. To what degree is the following statement true for you? "In the past 7 days, my thinking has been as fast as usual."

	Overall (N=1021)	55-64 (N=394)	65-74 (N=348)	75+ (N=279)
Not at all	5	6	4	6
A little bit	8	6	7	12
Somewhat	20	16	26	19
Quite a bit	15	12	17	17
Very much	52	61	47	46

ANXIETY AND DEPRESSION

Now, I am going to ask you some questions about your mood. When answering these questions, please think about how many days each of the following has occurred in the past 2 weeks. Remember, your responses are voluntary and will be kept completely confidential.

ANXDEP1. Over the last 2 weeks, how often have you been bothered by little interest or pleasure in doing things?

	Overall (N=1013)	55-64 (N=388)	65-74 (N=346)	75+ (N=279)
Not at all	72	71	71	74
Several days	18	18	18	19
More than half the days	5	5	6	4
Nearly every day	5	7	6	2

ANXDEP2. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?

	Overall (N=1035)	55-64 (N=396)	65-74 (N=352)	75+ (N=287)
Not at all	68	64	67	73
Several days	26	27	28	22
More than half the days	3	3	1	4
Nearly every day	4	5	3	1

ANXDEP3. Over the last 2 weeks, how often have you been bothered by trouble falling asleep or staying asleep or sleeping too much?

	Overall (N=1032)	55-64 (N=396)	65-74 (N=349)	75+ (N=287)
Not at all	51	48	49	55
Several days	29	27	31	29
More than half the days	8	9	9	4
Nearly every day	13	16	12	11

ANXDEP4. Over the last 2 weeks, how often have you been bothered by feeling tired or having little energy?

	Overall (N=1029)	55-64 (N=396)	65-74 (N=351)	75+ (N=282)
Not at all	44	41	43	49
Several days	36	40	36	32
More than half the days	9	8	10	9
Nearly every day	11	11	11	10

ANXDEP5. Over the last 2 weeks, how often have you been bothered by having a poor appetite or eating too much?

	Overall (N=1035)	55-64 (N=396)	65-74 (N=352)	75+ (N=287)
Not at all	71	68	68	80
Several days	18	18	22	14
More than half the days	5	8	4	3
Nearly every day	6	7	6	4

ANXDEP6. Over the last 2 weeks, how often have you been bothered by feeling bad about yourself or that you were a failure or had let yourself or your family down?

	Overall (N=1031)	55-64 (N=394)	65-74 (N=351)	75+ (N=286)
Not at all	79	74	78	86
Several days	17	19	19	11
More than half the days	2	3	2	1
Nearly every day	3	4	1	2

ANXDEP7. Over the last 2 weeks, how often have you been bothered by trouble concentrating on things, such as reading the newspaper or watching the TV?

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Not at all	87	83	89	89
Several days	9	11	8	7
More than half the days	3	4	1	2
Nearly every day	2	2	2	1

ANXDEP8. Over the last 2 weeks, how often have you been bothered by moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you were moving around a lot more than usual?

	Overall (N=1033)	55-64 (N=396)	65-74 (N=351)	75+ (N=286)
Not at all	91	89	94	90
Several days	7	7	6	8
More than half the days	1	2	0	0
Nearly every day	1	2	0	1

ANXDEP9. Are you now taking medicine or receiving treatment from a doctor or other health professional for any type of mental health condition or emotional problem? **

	Overall (N=1035)	55-64 (N=395)	65-74 (N=353)	75+ (N=287)
Yes	16	20	18	8
No	84	80	83	92

ANXDEP10. Has a doctor or other healthcare provider ever told you that you have an anxiety disorder? [Examples: acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, post-traumatic stress disorder, or social anxiety disorder] *

	Overall (N=1034)	55-64 (N=397)	65-74 (N=351)	75+ (N=286)
Yes	15	20	17	8
No	85	80	83	92

SOCIAL HEALTH / SUPPORT

And now a few questions about social relationships and support.

SOCSUP1. How many relatives including immediate family do you feel close to? That is, how many of them do you feel at ease with, can talk to about private matters, or can call on for help? (*include immediate family*)

	Overall (N=1025)	55-64 (N=392)	65-74 (N=351)	75+ (N=282)
0	4	3	5	3
1-3	25	24	25	27
4-7	37	38	35	38
8+	34	35	35	32

SOCSUP2. Not including family members, how many close friends do you have? That is, friends with whom you feel at ease, can talk to about private matters, or can call on for help. (*exclude family members*)

	Overall (N=1031)	55-64 (N=397)	65-74 (N=349)	75+ (N=285)
0	7	6	7	7
1-3	42	42	44	39
4-7	29	27	29	32
8+	22	25	19	22

Please tell me if the following statements are true or false for you.

SOCSUP3. The first one is: If I feel lonely, there are several people I can talk to. Is that definitely true, probably true, probably false, or definitely false? **

	Overall (N=1031)	55-64 (N=395)	65-74 (N=352)	75+ (N=284)
Definitely true	68	69	68	67
Probably true	24	23	24	25
Probably false	4	4	7	1
Definitely false	4	4	0	7

SOCSUP4. The next statement is: If I were sick, it would be easy for me to find someone to take me to the doctor.

	Overall (N=1036)	55-64 (N=396)	65-74 (N=352)	75+ (N=288)
Definitely true	75	75	75	76
Probably true	20	20	20	20
Probably false	3	3	3	2
Definitely false	2	2	2	2

SOCSUP5. And the last statement is: When I need suggestions on how to deal with a personal problem, I know someone I can turn to. *

	Overall (N=1035)	55-64 (N=397)	65-74 (N=352)	75+ (N=286)
Definitely true	77	79	79	72
Probably true	18	16	16	24
Probably false	4	2	5	4
Definitely false	1	3	0	0

SOCSUP6. All things considered, how satisfied are you with the help and support you receive from your family and friends? Would you say you are:

	Overall (N=1033)	55-64 (N=396)	65-74 (N=352)	75+ (N=285)
Very satisfied	74	72	79	73
Somewhat satisfied	22	24	19	22
Somewhat dissatisfied	3	3	2	4
Very dissatisfied	1	1	1	1

SOCSUP7. In the past month how often have others made too many demands on you? **

	Overall (N=1032)	55-64 (N=397)	65-74 (N=350)	75+ (N=285)
Never	45	33	45	62
Once in a while	42	48	47	31
Fairly often	9	12	7	6
Very often	4	7	2	2

SOCSUP8. In the past month, how often have others been critical of you? *

	Overall (N=1013)	55-64 (N=395)	65-74 (N=345)	75+ (N=273)
Never	53	49	52	59
Once in a while	41	41	44	39
Fairly often	4	7	2	1
Very often	2	3	2	1

SOCSUP9. In the past month, how often have others taken advantage of you? *

	Overall (N=1033)	55-64 (N=396)	65-74 (N=351)	75+ (N=286)
Never	65	57	66	73
Once in a while	32	38	31	23
Fairly often	2	3	3	1
Very often	2	2	0	3

How often do the following statements apply to you?

SOCSUP10. I feel left out.

	Overall (N=1036)	55-64 (N=396)	65-74 (N=352)	75+ (N=288)
Never	57	52	58	63
Rarely	24	25	23	23
Sometimes	14	16	16	10
Usually	3	4	3	1
Always	2	3	0	3

SOCSUP11. I feel isolated

	Overall (N=1035)	55-64 (N=396)	65-74 (N=352)	75+ (N=287)
Never	66	62	64	73
Rarely	16	17	18	12
Sometimes	14	13	15	13
Usually	3	5	3	0
Always	2	4	1	2

SOCSUP12. How often can you find companionship when you want it?

	Overall (N=1030)	55-64 (N=395)	65-74 (N=351)	75+ (N=284)
Never	3	4	1	6
Rarely	7	8	3	9
Sometimes	15	13	19	14
Usually	28	30	28	26
Always	47	45	49	46

CAREGIVING

Now a few questions about unpaid caregiving. Once again, remember that your responses are voluntary and will be kept completely confidential.

CG1. Does anybody usually rely on you to help them with their personal care needs, such as eating, bathing, dressing, toileting, or moving from one place to another, because of a health problem they have or problems with their memory?

	Overall (N=1035)	55-64 (N=396)	65-74 (N=352)	75+ (N=287)
Yes	12	15	11	9
No	89	85	89	92

(Asked of persons who help someone with personal care needs)

CG2. What is your relationship to the person you help with their personal care needs? Are you taking care of: **

	Overall (N=106)	55-64 (N=53)	65-74 (N=36)	75+ (N=17)
Your mother or mother-in-law	26	48	10	0
Your father or father-in-law	3	3	4	0
Your wife	13	3	28	13
Your husband	22	4	32	48
Your daughter or daughter-in-law	10	7	4	22
Your son or son-in-law	3	6	0	0
Some other relative (specify)	14	18	12	7
A non-relative (specify)	11	11	10	9

(Asked of persons who help someone with personal care needs)

CG3. About how many hours per week on average do you help this person with personal care needs? **

	Overall (N=103)	55-64 (N=52)	65-74 (N=34)	75+ (N=17)
8 hours or less per week	59	75	48	38
9 to 19 hours per week	16	5	14	44
20 to 39 hours per week	10	11	5	14
40 or more hours per week	15	10	32	4

(Asked of persons who help someone with personal care needs)

CG4. For how long have you been helping this person with personal care needs?

	Overall (N=106)	55-64 (N=53)	65-74 (N=36)	75+ (N=17)
3 months or less	11	11	15	6
4 to 12 months	6	9	2	3
13 to 24 months	16	17	17	13
25 months to 5 years	26	23	29	27
More than 5 years	41	39	36	51

(Asked of persons who help someone with personal care needs)

CG5. Think of a scale from 1 to 5, where 1 is not stressful at all and 5 is very stressful. How stressful is it for you to help the person with their personal care needs? *

	Overall (N=106)	55-64 (N=53)	65-74 (N=36)	75+ (N=17)
1 (not stressful)	32	40	28	20
2	23	6	38	42
3	26	36	26	6
4	7	5	1	19
5 (very stressful)	12	13	8	14

CG6. Does anybody usually rely on you to help them with their routine needs, such as everyday household chores, managing money, taking medications, shopping, or transportation outside the house, because of a health problem they have or problems with their memory?

	Overall (N=1036)	55-64 (N=396)	65-74 (N=353)	75+ (N=287)
Yes	16	18	16	14
No	84	82	84	86

(Asked of persons who help someone with routine needs)

CG7. What is your relationship to the person you help with their routine needs? Are you taking care of: **

	Overall (N=145)	55-64 (N=72)	65-74 (N=47)	75+ (N=26)
Your mother or mother-in-law	20	39	9	1
Your father or father-in-law	8	9	12	0
Your wife	22	9	35	30
Your husband	16	10	17	27
Your daughter or daughter-in-law	7	4	3	18
Your son or son-in-law	6	9	1	8
Some other relative (specify)	5	2	14	1
A non-relative (specify)	15	19	10	15

(Asked of persons who help someone with routine needs)

CG8. About how many hours per week on average do you help this person with routine needs?

	Overall (N=142)	55-64 (N=72)	65-74 (N=47)	75+ (N=23)
8 hours or less per week	58	61	56	54
9 to 19 hours per week	19	11	19	32
20 to 39 hours per week	14	19	18	0
40 or more hours per week	9	9	7	14

(Asked of persons who help someone with routine needs)

CG9. For how long have you been helping this person with routine needs?

	Overall (N=145)	55-64 (N=72)	65-74 (N=47)	75+ (N=26)
3 months or less	11	17	10	3
4 to 12 months	13	18	13	3
13 to 24 months	13	11	12	18
25 months to 5 years	25	22	24	30
More than 5 years	39	32	41	47

(Asked of persons who help someone with routine needs)

CG10. Think of a scale from 1 to 5, where 1 is not stressful at all and 5 is very stressful. How stressful is it for you to help this person with their routine needs?

	Overall (N=144)	55-64 (N=72)	65-74 (N=46)	75+ (N=26)
1 (not stressful)	42	38	41	48
2	20	17	24	21
3	21	21	26	14
4	12	20	4	8
5 (very stressful)	5	4	5	8

(Asked of persons who help someone with either personal care or routine needs)

CG11. As someone providing care for another, on which of the following do you feel you need more help or information?
Do you feel you need more help or information on: *(multiple responses accepted)*

	Overall (N=178)	55-64 (N=92)	65-74 (N=55)	75+ (N=31)
Keeping the person you care for safe at home	16	19	10	15
Managing challenging behaviors, such as repetitive questions, wandering, or sudden changes in personality	16	21	11	13
Easy activities you can do with the person you care for	29	27	30	32
Managing incontinence or toileting problems	17	11	19	29
Moving or lifting the person you care for **	13	6	8	31
Balancing your work and family responsibilities	23	33	7	20
Finding time for yourself or respite care	24	25	14	32
Choosing an assisted living facility or nursing home	11	9	6	19
Choosing a home care agency	18	13	12	34
Knowing how to talk with doctors and other healthcare professionals	16	14	14	23
Managing your emotional and physical stress	22	27	15	19
Making end-of-life decisions	7	10	5	4
Where to access information or resources	24	21	18	38
Where to find private pay help that is trustworthy and reasonably priced	34	25	33	53
How to explain to employers the need for flexibility at work **	9	17	1	0
Specific training on the illness of the person for whom you are caring	14	19	6	14
Anything else? (specify)	6	7	2	8

(Asked of persons who help someone with either personal care or routine needs)

CG12. What concerns you most about your ability to continue caregiving in the future? -- *open-ended question (data not displayed)*

(Asked of persons who do not help someone with either personal care or routine needs)

CG13. How likely is it that you will have to provide this kind of care for an adult relative or friend in the future? **

	Overall (N=837)	55-64 (N=298)	65-74 (N=289)	75+ (N=250)
Very likely	9	11	6	10
Somewhat likely	27	39	30	12
Not very likely	35	31	36	38
Not at all likely	29	20	29	39

VOLUNTEERING

Next I have some questions about volunteering. What we mean by volunteering is giving time or skills without pay to help a person, friend, family or organization. It may be something you do on a regular basis or just now and then.

VOL1. Other than any help with personal care or routine needs you've already mentioned, in the past 12 months have you volunteered, that is given your time or skills, for a nonprofit organization, a charity, school, hospital, religious organization, neighborhood association, civic or any other organized group?

	Overall (N=1035)	55-64 (N=396)	65-74 (N=351)	75+ (N=288)
Yes	45	50	41	42
No	55	50	60	58

(Asked of persons who volunteered for an organization in the past 12 months)

VOL2. What types of organizations have you volunteered for in the past 12 months? *(multiple responses accepted)*

	Overall (N=510)	55-64 (N=200)	65-74 (N=173)	75+ (N=137)
A school	14	20	10	8
A hospital	5	6	3	6
A religious organization	61	58	63	63
A neighborhood association	16	19	15	12
A civic group	13	11	15	15
A charity	16	17	12	17
A non-profit organization *	36	45	31	28
Some other type of group (specify)	24	30	17	22

(Asked of persons who volunteered for an organization in the past 12 months)

VOL3. About how many hours per month, on average, do you spend volunteering for organizations?

[Interviewer: If answer is 0, confirm that the person actually volunteered for an organization in the past 12 months.]

	Overall (N=490)	55-64 (N=190)	65-74 (N=166)	75+ (N=126)
< 5	38	43	37	31
5 – 14	27	26	27	27
15 +	36	31	36	42

VOL4. Other than any help with personal care or routine needs you've already mentioned, and, aside from an organized group, in the past 12 months have you volunteered your time on your own to help your community or someone who was in need? That is, given your time without pay to help your community or to help someone who is not a member of your family? *[If necessary: This might include things like running errands for a friend, or helping a neighbor with repairs, or taking care of someone who is chronically ill or disabled, or helping others who are poor, or ill, or elderly.] ***

	Overall (N=1035)	55-64 (N=397)	65-74 (N=353)	75+ (N=285)
Yes	43	53	40	33
No	57	47	60	67

(Asked of persons who volunteered informally in the past 12 months)

VOL5. About how many hours per month, on average, do you spend doing this kind of volunteer work, that is, volunteering on your own, not through an organization? *[Interviewer: If answer is 0, confirm that the person actually volunteered for the community or helped someone other than a family member in the past 12 months.]*

	Overall (N=446)	55-64 (N=191)	65-74 (N=163)	75+ (N=92)
< 3	33	29	37	33
3 – 6	37	41	37	27
7 +	31	29	25	41

(Asked of persons who volunteered for an organization or informally in the past year)

VOL6. Now I'm going to ask you about activities you might have done in the past year without pay, either for organizations or for people who were not family members. For each activity that I mention, please tell me whether yes you did engage in that activity or no you did not engage in that activity in the last year. *(presented in random order)*

a. Coach, referee, or supervise sports teams **

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	8	12	8	0
No	92	88	92	100

b. Tutor, teach, or mentor someone *

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	29	36	20	26
No	71	64	80	74

c. Collect, prepare, distribute, or serve food

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	38	40	38	36
No	62	61	62	64

d. Collect, make, or distribute clothing, crafts, or goods other than food

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	43	45	43	40
No	57	55	57	60

e. Fundraise or sell items to raise money for an organization or cause

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	44	46	41	44
No	56	55	59	56

f. Provide counseling, medical care, fire/EMS, or protective services

	Overall (N=669)	55-64 (N=271)	65-74 (N=225)	75+ (N=173)
Yes	11	12	10	9
No	89	88	90	91

g. Provide professional or management assistance including serving on a board or committee

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	27	30	26	22
No	73	70	74	78

h. Supply transportation for people

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	52	52	60	46
No	48	48	40	54

i. Engage in activities such as biking, walking or running to raise money or awareness for a cause **

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	20	28	21	8
No	80	72	79	92

j. Help persons with disabilities/activity limitations

	Overall (N=668)	55-64 (N=272)	65-74 (N=223)	75+ (N=173)
Yes	44	47	44	38
No	57	53	56	63

k. Clean up / repair parks, playgrounds, outdoor areas **

	Overall (N=670)	55-64 (N=272)	65-74 (N=225)	75+ (N=173)
Yes	23	33	15	13
No	78	67	85	87

l. Political activity (canvassing, phone bank, etc.)

	Overall (N=669)	55-64 (N=272)	65-74 (N=224)	75+ (N=173)
Yes	14	13	18	12
No	86	87	82	88

(Asked of persons who volunteered for an organization or informally in the past year)

VOL7. How do you usually find out about opportunities to volunteer? -- open-ended question (data not displayed)

(Asked of persons who volunteered for an organization or informally in the past year)

VOL8. I'm going to read you a list of reasons people have for giving their time and efforts to others. Please tell me how important each of the following reasons is for you personally to volunteer. [Read first reason] Would you say this is a very important, somewhat important, not very important, or not at all important reason for you to personally volunteer?

(presented in random order)

a. It provides an opportunity to use your knowledge, skills, and experience.

	Overall (N=663)	55-64 (N=270)	65-74 (N=224)	75+ (N=169)
Very important	47	44	50	48
Somewhat important	43	45	44	39
Not very important	5	4	3	9
Not at all important	5	7	3	4

b. It is something that will help your own neighborhood or community. *

	Overall (N=664)	55-64 (N=271)	65-74 (N=224)	75+ (N=169)
Very important	42	33	44	53
Somewhat important	45	52	47	31
Not very important	8	8	6	8
Not at all important	6	7	3	9

c. It is a way to make a difference on a cause or an issue that is important to you or that you are interested in.

	Overall (N=663)	55-64 (N=270)	65-74 (N=224)	75+ (N=169)
Very important	60	58	59	62
Somewhat important	33	36	31	28
Not very important	7	4	9	9
Not at all important	1	2	0	1

d. It is a way to meet people or get together with people. *

	Overall (N=666)	55-64 (N=271)	65-74 (N=225)	75+ (N=170)
Very important	28	18	30	42
Somewhat important	40	46	35	32
Not very important	22	24	24	17
Not at all important	11	12	10	10

e. It keeps you active.

	Overall (N=665)	55-64 (N=270)	65-74 (N=225)	75+ (N=170)
Very important	49	44	49	56
Somewhat important	38	39	40	34
Not very important	9	11	7	7
Not at all important	5	6	4	3

f. Because you feel a personal responsibility to help others when they need it.

	Overall (N=663)	55-64 (N=271)	65-74 (N=224)	75+ (N=168)
Very important	63	58	66	68
Somewhat important	32	37	29	26
Not very important	3	3	2	3
Not at all important	2	2	2	4

g. It makes your own life more satisfying.

	Overall (N=663)	55-64 (N=269)	65-74 (N=225)	75+ (N=169)
Very important	60	57	60	65
Somewhat important	31	35	30	25
Not very important	6	5	9	7
Not at all important	3	4	2	3

h. Because of your religious beliefs.

	Overall (N=658)	55-64 (N=269)	65-74 (N=223)	75+ (N=166)
Very important	46	41	45	57
Somewhat important	27	27	32	22
Not very important	10	13	11	6
Not at all important	17	20	12	16

i. Someone asked you personally to volunteer.

	Overall (N=657)	55-64 (N=271)	65-74 (N=223)	75+ (N=163)
Very important	43	37	42	53
Somewhat important	44	49	49	31
Not very important	6	5	5	9
Not at all important	8	9	5	8

j. The organization has an established track record of doing good work.

	Overall (N=661)	55-64 (N=270)	65-74 (N=224)	75+ (N=167)
Very important	62	59	62	65
Somewhat important	26	27	27	23
Not very important	9	10	6	8
Not at all important	4	4	5	4

k. Someone you know was or is affected by the issue.

	Overall (N=658)	55-64 (N=271)	65-74 (N=222)	75+ (N=165)
Very important	52	49	52	58
Somewhat important	34	38	37	26
Not very important	7	7	8	8
Not at all important	6	6	3	8

l. It is a way to “give back”.

	Overall (N=664)	55-64 (N=271)	65-74 (N=225)	75+ (N=168)
Very important	65	65	66	65
Somewhat important	28	32	27	25
Not very important	4	1	6	6
Not at all important	3	3	1	4

VOL9. Do you think there are enough opportunities to volunteer available locally, or would you like to see more volunteering opportunities provided?

	Overall (N=947)	55-64 (N=374)	65-74 (N=328)	75+ (N=245)
Enough	77	76	76	79
More	23	24	24	22

(Asked of persons who would like to see more volunteering opportunities)

VOL10. What types of opportunities to volunteer would you like to see more of? -- *open-ended question (data not displayed)*

VOL11. If you knew about seniors in your community who needed some assistance to get by and could not get help in any other way, would you be willing to volunteer some of your time or effort to help them?

	Overall (N=990)	55-64 (N=383)	65-74 (N=332)	75+ (N=275)
Yes	83	86	82	80
No	17	14	18	20

SERVICE USE

Now I'd like to ask you about formal services for older adults that are available.

SERV1. First, I'd like to know whether you have ever heard of the Allegheny County Area Agency on Aging or their Senior Line, which you can call to learn about senior services. Have you heard about the Area Agency on Aging or the Senior Line?

	Overall (N=1030)	55-64 (N=395)	65-74 (N=350)	75+ (N=285)
Yes	66	61	71	67
No	34	40	29	33

SERV2. Next, I'd like to ask you about services or assistance for older adults you may have used in the last 12 months. Here we are talking about your own personal use. By services, I mean things like going to senior centers, receiving home delivered meals, home health care, respite care, legal services, chore services, personal care services, homemaker services, transportation, information and referral services, or adult day care. Have you used any of these types of services during the last 12 months? **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Yes	17	8	16	28
No	83	92	85	72

(Asked of persons who used services for older adults in the past 12 months)

SERV3. In the last 12 months, have you used any personal care services?

	Overall (N=198)	55-64 (N=44)	65-74 (N=63)	75+ (N=91)
Yes	31	44	20	32
No	69	56	80	68

(Asked of persons who used services for older adults in the past 12 months)

SERV4. In the last 12 months, have you used home health care services? *

	Overall (N=200)	55-64 (N=46)	65-74 (N=63)	75+ (N=91)
Yes	44	61	22	49
No	56	39	78	51

(Asked of persons who used services for older adults in the past 12 months)

SERV5. In the last 12 months, have you used any home-delivered meals services?

	Overall (N=200)	55-64 (N=46)	65-74 (N=63)	75+ (N=91)
Yes	9	8	3	12
No	91	92	97	88

(Asked of persons who used services for older adults in the past 12 months)

SERV6. In the last 12 months, have you visited a Senior Community Center?

	Overall (N=200)	55-64 (N=46)	65-74 (N=63)	75+ (N=91)
Yes	51	41	58	50
No	50	59	42	50

(Asked of persons who used services for older adults in the past 12 months)

SERV7. In the last 12 months, have you used transportation services for older adults? *

	Overall (N=200)	55-64 (N=46)	65-74 (N=63)	75+ (N=91)
Yes	36	13	35	46
No	64	87	65	54

(Asked of persons who used services for older adults in the past 12 months)

SERV8. In the last 12 months, have you used respite care services? These are services for those taking care of a loved one that involve dropping him/her off for a few hours so you can take a break. They also might include having someone come to your home to sit with your loved one while you go out.

	Overall (N=200)	55-64 (N=46)	65-74 (N=63)	75+ (N=91)
Yes	1	4	1	1
No	99	96	99	99

(Asked of persons who used services for older adults in the past 12 months)

SERV9. In the last 12 months, have you used services for older adults to help you with chores or light housekeeping and home maintenance?

	Overall (N=199)	55-64 (N=45)	65-74 (N=63)	75+ (N=91)
Yes	9	7	6	11
No	91	93	94	89

(Asked of persons who used services for older adults in the past 12 months)

SERV10. In the last 12 months, have you had any volunteer service companions? *

	Overall (N=198)	55-64 (N=45)	65-74 (N=63)	75+ (N=90)
Yes	5	15	2	3
No	95	86	98	97

(Asked of persons who used services for older adults in the past 12 months)

SERV11. In the last 12 months, have you used any legal services for older adults or information and referral services for older adults?

	Overall (N=200)	55-64 (N=46)	65-74 (N=63)	75+ (N=91)
Yes	8	8	8	7
No	92	92	92	93

(Asked of persons who did not use services for older adults in the past 12 months)

SERV11A. Did you arrange for anybody else to use these services in the last 12 months? **

	Overall (N=834)	55-64 (N=351)	65-74 (N=288)	75+ (N=195)
Yes	9	11	12	2
No	91	89	88	98

(Asked of persons who have either used services for older adults or arranged for services for someone else in the past 12 months)

SERV12. Overall, how satisfied are you with the services you have used?

	Overall (N=283)	55-64 (N=87)	65-74 (N=99)	75+ (N=97)
Very satisfied	73	72	69	79
Somewhat satisfied	23	24	23	21
Somewhat unsatisfied	4	4	8	0
Very unsatisfied	0	0	0	1

SERV13. Are there services you need, but are not getting?

	Overall (N=1030)	55-64 (N=395)	65-74 (N=351)	75+ (N=284)
Yes	7	8	4	9
No	93	92	96	92

(Asked of persons who need services but not getting them)

SERV14. Which services do you need? -- open-ended question (data not displayed)

(Asked of persons who need services but not getting them)

SERV15. Do you know where to get these services?

	Overall (N=95)	55-64 (N=38)	65-74 (N=30)	75+ (N=27)
Yes	55	47	53	68
No	45	53	47	32

RELIGION

Now a few questions about religion.

RELIG1. What is your current religious preference? (*responses not read*) **

	Overall (N=1022)	55-64 (N=390)	65-74 (N=348)	75+ (N=284)
Unaffiliated (None / Agnostic / Atheist)	7	10	9	2
Protestant	31	25	33	37
Catholic	47	43	45	53
Jewish	3	3	3	2
Muslim	0	0	0	0
Christian / Other Christian	12	19	9	5
Other (specify)	1	0	1	0

RELIG2. How often do you usually attend religious services, meetings and/or activities? *

	Overall (N=1026)	55-64 (N=393)	65-74 (N=349)	75+ (N=284)
Every day or nearly every day	6	5	5	10
At least once a week	44	37	45	53
At least once a month	12	14	13	7
A few times a year	19	24	17	15
Never	19	21	20	15

RELIG3. To what extent do you consider yourself a spiritual person? Would you say you are:

	Overall (N=1018)	55-64 (N=390)	65-74 (N=350)	75+ (N=278)
Very spiritual	38	41	36	36
Moderately spiritual	43	34	46	51
Slightly spiritual	13	18	12	9
Not spiritual at all	6	7	5	5

INTERNET

Now a couple questions about computer and Internet use.

NET1. Do you use the internet, at least occasionally? **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Yes	66	83	71	43
No	34	18	30	58

(Asked of persons who use the internet)

NET2. How many hours in a typical week do you spend using the Internet? **

	Overall (N=693)	55-64 (N=313)	65-74 (N=247)	75+ (N=133)
None	1	0	1	1
Less than 1 hour	13	8	14	23
1 – 5 hours	29	24	31	37
6 – 10 hours	22	21	22	26
11 – 20 hours	16	22	12	10
More than 20 hours	20	26	21	4

(Asked of persons who use the internet)

NET3. Do you access the internet on a cell phone, tablet or other mobile handheld device, at least occasionally? **

	Overall (N=692)	55-64 (N=313)	65-74 (N=246)	75+ (N=133)
Yes	45	56	41	27
No	55	44	59	73

(Asked of persons who use the internet)

NET4. Do you ever use the internet to use a social networking site like Facebook, LinkedIn or Google Plus?

	Overall (N=693)	55-64 (N=313)	65-74 (N=247)	75+ (N=133)
Yes	49	55	48	38
No	51	45	52	62

HAPPINESS

HAPPY1. All things considered, how satisfied would you say you are with life these days? Please tell me on a scale from 1 to 10 where 1 means “Very Dissatisfied,” and 10 means “Very satisfied.” **

	Overall (N=1036)	55-64 (N=396)	65-74 (N=353)	75+ (N=287)
1 (Very dissatisfied)	1	0	1	3
2	1	1	1	0
3	1	1	1	1
4	2	3	1	1
5	10	11	7	10
6	5	3	7	4
7	12	14	10	10
8	32	34	36	26
9	14	15	16	11
10 (Very satisfied)	23	17	21	34

HAPPY2. Taking all things together on a scale of 1 to 10, how happy would you say you are? Here, one means “Very Unhappy” and 10 means “Very Happy.” *

	Overall (N=1037)	55-64 (N=397)	65-74 (N=353)	75+ (N=287)
1 (Very unhappy)	1	0	1	2
2	0	0	1	0
3	2	4	0	0
4	1	1	0	1
5	7	8	7	6
6	5	5	5	5
7	11	14	9	10
8	27	30	28	23
9	21	21	22	21
10 (Very happy)	25	17	27	32

DEMOGRAPHICS

To finish, just a few more questions for statistical purposes.

SEX. Interviewer, record person's sex.

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Male	44	48	41	43
Female	56	52	59	58
Other (if volunteered)				

AGE. What is your age now? (Responses were open-ended and have been categorized for presentation.) **

	Overall (N=1037)	55-64 (N=396)	65-74 (N=353)	75+ (N=288)
55-59	19	49	0	0
60-64	20	51	0	0
65-69	19	0	60	0
70-74	12	0	40	0
75-79	11	0	0	34
80-84	13	0	0	42
85+	7	0	0	24

MARSTAT. Could you please tell me your current marital status? **

	Overall (N=1037)	55-64 (N=396)	65-74 (N=353)	75+ (N=288)
Married	51	61	58	32
Living with a partner in a marital-like relationship	2	2	3	0
Divorced or separated	15	17	15	10
Widowed	24	6	17	52
Single/never married	9	14	7	6

HISP. Are you of Hispanic or Latino descent?

	Overall (N=1033)	55-64 (N=394)	65-74 (N=353)	75+ (N=286)
Yes	1	1	0	0
No	99	99	100	100

RACE. How would you describe your race or ethnicity? (multiple responses accepted)

	Overall (N=1029)	55-64 (N=394)	65-74 (N=351)	75+ (N=284)
Caucasian/White	90	89	87	93
Asian/Pacific Islander	0	0	0	0
American Indian or Alaskan Native *	1	3	1	1
Black or African-American	10	11	12	7
None of the above	0	0	1	0

EDUC. What is the highest level of education you have completed? (*responses not read*) **

	Overall (N=1034)	55-64 (N=394)	65-74 (N=352)	75+ (N=288)
Eighth grade or less	2	1	1	3
Some high school	4	4	5	4
High school graduate or GED	44	33	45	58
Some college, no degree	13	15	12	11
Associate's degree, occupational	5	8	4	3
Associate's degree, academic	4	4	5	3
Bachelor's degree	16	23	15	8
Master's degree	8	9	9	6
Professional degree	3	4	2	1
Doctoral degree	1	0	2	2

INCOME. Which of the following best describes your household's total yearly income? Please just stop me when I get to the category that applies to you. **

	Overall (N=919)	55-64 (N=360)	65-74 (N=313)	75+ (N=246)
Under \$25,000	27	21	19	42
\$25,000 to just under \$50,000	32	21	46	32
\$50,000 to just under \$75,000	21	27	19	15
\$75,000 to just under \$100,000	11	14	9	8
\$100,000 to just under \$150,000	7	12	6	2
\$150,000 or more	2	4	2	1

VET. Are you a veteran? **

	Overall (N=1038)	55-64 (N=397)	65-74 (N=353)	75+ (N=288)
Yes	22	14	21	33
No	78	86	79	67